

REFERENCE
MASTROLE PASSING - KEN MASTROLE

December 29th, 2009



Name: Jacob D. Kistel

Website: <http://www.jakekistel.com>

Position: Quarterback

Height: 6' 2"

Weight: 200 lbs

School: Bishop Verot High School (Fort Myers, FL)

Class: Class of 2011

Jersey #: #10

Academics: G.P.A 4.01

Honors & Awards: Member of the National Honors Society, Spanish Honors Society

Other Sports: Baseball (Pitcher)

40 yd: 4.59 sec

Vertical: NA

3 Cone: 6.56 sec

Shuttle: 4.22 sec

(OVER)

Telephone: 239 919 4325 FAX: 866 388 4931

E-mail: coach@mastrolepassing.com

PO Box 924 Estero, FL 33929

REFERENCE
MASTROLE PASSING - KEN MASTROLE

Evaluation: Division I caliber quarterback. Head Coach Phil Dorn. Excels in Pro style offense while playing from under center and gun. Excellent balance and agility being a 2 sport athlete. Accurate short to intermediate throws. Over the top delivery. Deep outside throws are well placed, tight spirals, with very good trajectory. Has a good feel for second level windows and throws hash to hash. Jake also displays good pocket presence keeping his eyes down field while avoiding pocket pressure. Can move outside the pocket. Not afraid to lower his shoulder to gain critical first down. Moved up to class 3A in 2009. Excellent leadership qualities, hard working, and team oriented attitude.

- **MASTROLE PASSING SHOWCASE: Jake Kistel (Bishop Verot) posted the top shuttle and 3 cone times for the quarterback group. Kistel's 4.22 seconds in the shuttle and 6.56 seconds in the 3 cone drill show why he will be a dual threat to opposing defenses next year. Kistel also showed pinpoint accuracy on all his short and intermediate throws.**